

# RULES FOR THE COMPETITION HADRIA



## 1 Scope

The following rules contain the general provisions of the open water swimming race Hadria.

## 2 Types of races

Hadria has three different circuits that can be made in one, two or three different days. The complete circuits have the following amount of days: Hadria (3 days), Hadria Magellano (3 days)

The characteristics of the above mentioned circuits are as follows:

**Hadria:** 3 stages of a distance between 2 and 3 km;

**Hadria Magellano:** 3 stages of a fixed distance of 1852 m;

The leaderboard is produced adding the completion time of every single stage. If one athlete is not participating in all the stages the time assigned for the missing one will be equal to the completion time of the last athlete on that particular stage.

Every participant can enrol only in **one of the two competitions**.

“A.S.D. Lifeguard Academy” is responsible for the whole Organiser of the event.

Everyone can compete but they must:

- have paid the admission fee,
- have an agonistic medical certificate,
- holding a valid ID document.

## 3 Minimum age

Minimum ages are as follows:

**Hadria:** 16 years old;

**Hadria Magellano:** 14 years old;

Man and women will race together but they will be part of two different leader board.

#### 4 Program and rules of the competition

The program is proposed by the Organiser and can be modified only by them due to bad weather, medical emergency etc.

The Organiser can establish a maximum number of participants to each circuit or race.

#### 5 Registrations

The registrations are normally made online. At discretion of the Organiser desk registrations may be accepted. The registrations once they are finalized cannot be modified. The participation fee is not refundable.

## Technical rules

#### 6 Race routes

Race routes are chosen by the Organiser only and they can be:

- a) a line;
- b) a circuit;
- c) a reciprocal route with a triangular or straight.

#### 7 Swimsuits and others equipment

The athletes must wear swim caps and the provided swimming buoys. The use of swimsuits is mandatory with water temperature below 19°C, optional for water temperature between 19°C and 23°C, forbidden for water temperature above 23°C. Exception to the rules are at discretion of the organizer.

Water temperature will be measured in 3 different points by the Organiser in three different points and the rules about the use of the swimsuit will be according to the measured temperature. The control of the use of the equipment is under the Race's Judge competence.

An athlete that has an irregular swimsuit (altered, not aligned with the temperature rules) or is not wearing the swimsuit when the use is mandatory will be invited by the Race's Judge to wear an appropriate swimsuit or to wear one, in case the athlete will ignore the invitation he or she will be disqualified.

If the use of the irregular swimsuit will be noticed only after the competition the athlete will be also disqualified.

Athletes must use the swim cap (max 2) and the one provided must be the one visible. It is allowed to use swimming goggles, noseplugs and earplugs.

It is forbidden to use fins, or other equipment that can create an advantage while swimming. Violating this rule is punished with disqualification.

It is forbidden to wear jewellery, big watches or other equipment that can harm other participants. The Race's Judge will establish which equipment is allowed or not.

In respect of the Sanitary Plan and Covid-19 protocols athletes must pass a thermal scanner. If the measured temperature is above 36,9°C they will not be admitted to the competition.

## **8 Sanitary dispositions**

All participants must follow the rules contained into the Sanitary Plan and the anti Covid-19 restrictions that will be effective during the event. The Organiser will have all the operational instruments to submit the participants to the required anti Covid-19 protocols.

## **9 The start**

The starts can be made from the water or from a specific platform chosen by the Organiser .

In case the start is made from a platform the position of the athletes is determined by the Organiser . The Race's Judge on regular intervals will inform the participants of the remaining time and in the last three minutes the intervals must be one minute.

The starter must alert with two whistles that the start is imminent.

At the command "ready" the athletes must be in the designed position with one foot at the edge of the platform in case the start is on a platform.

The starter will give the start signal when the participants are ready. The start signal is one long whistle.

If the Race's Judge consider that one of the athletes have had an irregular advantage at the start will give an penalty.

## **10 Wave start**

At the discretion of the Organiser due to high number of participants or to respect anti Covid-19 protocols starts can be done in waves. Maximum 5 minutes between one athlete and another. The division of the athletes will be made by the Race's Judge and the Organiser in order to have the better and more homogeneous distribution of participants.

## **11 The race**

All open water swimming competition are considered crawl. Athletes must follow the route and buoys, if they don't do so they will be disqualified for "irregular route". The swimmers cannot rest on the buoys or other people or objects. The Race's Judge will determined the penalty in this case.

The assistance provided by the rescue team if needed is not consider in those terms.

Other assistance of the Race's Judge will invite the swimmers that take advantage of other swimmers or boats' trails to divert from those trails. No one is allowed in the water to help a participant with the rhythm or the pace otherwise it will be disqualified.

### 12 Opening boat, rescue boat, operator points

There will be an opening boat with a lifeguard that will precede the athletes and will stop before the finish. There will be another boat that will be a rescue boat with another lifeguard. Other lifeguard will be displaced according to the race and stage needs.

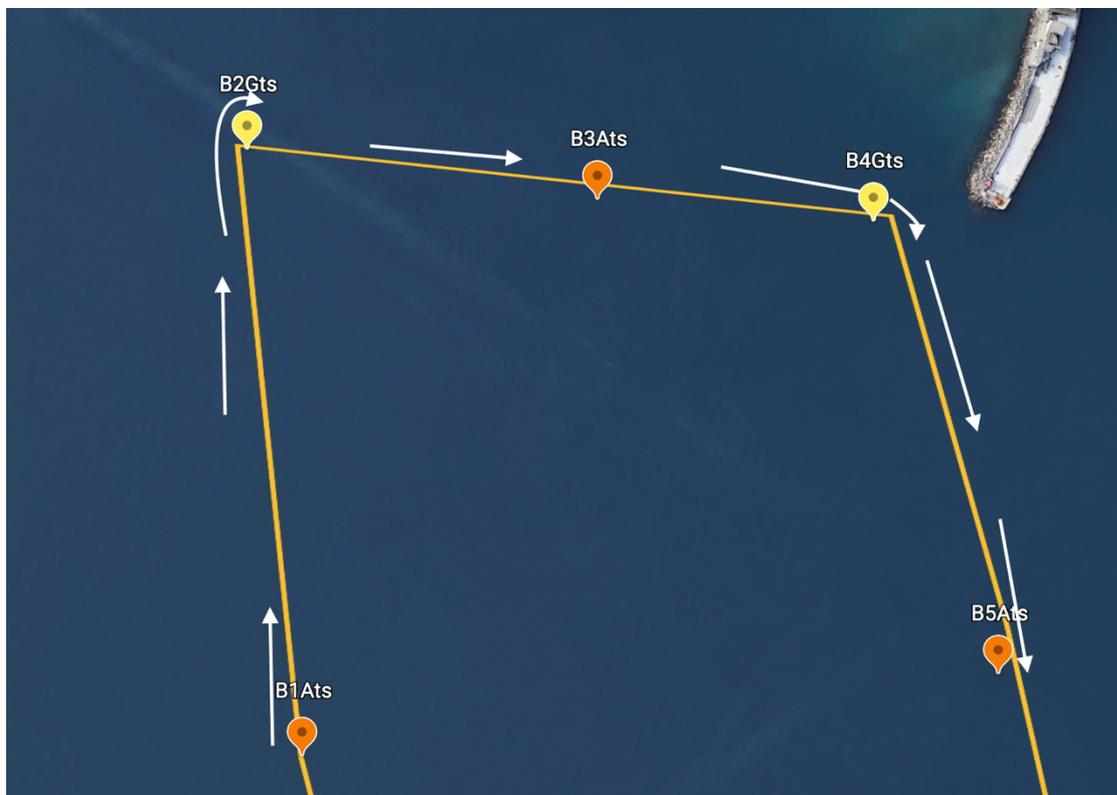
### 13 Buoys' colour codes

Orange buoys are called "passing buoys", they are markers of the route and they need to be passed all on the same side (right or left) depending on the stage or race. If one buoy is passed on the wrong side the swimmer must go back and pass it on the right side. If he or she is not doing so it will be disqualified.

Yellow buoys are "turning/deviating buoys" they indicate a turn on the trajectory of the route in order to reach the next buoy. In some cases (reciprocal routes) they can be the turn back point.

*Example*

*White arrows indicate the route with the orange buoys always on the right yellow to turn or deviate.*



### 14 Penalties disqualifications and complaints

For all the infractions that are detected by the Race's Judge we following this procedure:

- **time penalty:** it varies according to the entity of the infraction, can go from minimum 3 seconds to a maximum of 10 seconds for each infraction.

- **disqualification:** if the infraction is serious the athlete is immediately disqualified. He or she must exit the water and cannot continue the stage, he can continue the competition on the next stage/days. If he or she refuses to exit the water he or she will be ban for the entire competition.

Complains must be presented within 30 minutes from the end of the stage to the Organiser or the Race's Judge. The Organiser , the Race's Judge and the Legal Advisor will discuss and communicate a verdict about the complaint.

### **15 Discretionary exclusion for safety reasons**

The Organiser if notified by the Race's Judge can exclude athletes that have objective difficulties to finish the race in order to preserve their safety.

### **16 Finish**

The finish will be a touch sensor in water but not submerged. Only when the participant will touch the sensor the athlete can be helped by others. The athlete must cross the imaginary line connecting the two arrival arch.

### **17 Interruption, suspension cancellation of the race**

The race can be cancelled in the following cases:

- a) bad weather or bad sea conditions that cannot guarantee optimal safety of the athletes;
- b) technical or logistical difficulties;
- c) pandemic crisis.

### **18 Timing service**

The timing service, together with the leader board draw up and all the charts are demanded from the Organiser to a specialized service.

It has been expected a timing service for this reason every athlete must wear a microchip transponder.

### **19 Organized service**

The organiser has organized a service to preserve the safety of the participants.

There will be a pre race safety briefing every day before every stage.

Every participant will be provided with a number, a swim cap and a safety buoy.

## 20 Winners prizes

Winners are the ones that will conclude the stages in the less time. In case of equal time the winner is the oldest swimmer.

There will be separate leader boards for men, women, general ad stage. The award ceremonies will take place only after the arrival of the last athlete. The winners of the stage will be provided with a different colour buoy to wear in the next stage. Winners of Hadria Top, Hadria Magellano will be rewarded with different prizes. The organizer will has specific categories for father/son of the different categories.

There will be prizes for each stage winner.

## 21. Documents

In order to participate the candidate must provide:

- a) receipt of the admission fee;
- b) valid agonistic medical certificate;
- c) valid ID document.

In case of a minor the application must be done by a parent. Minors must be accompanied by a parent or guardian.

In case of a guardian he or she must have an authorization signed by the parent that has made the application.

The guardian must be supervising the minor all the time during the verification, the entry and exit of the water.

## 22. Race's Judge, Starter, Legal advisor

There will be the following Judges

Race's Judge;

Race's Judge assistant;

Starter;

Organiser;

Legal Advisor.

### Race's Judge

Race's Judge is responsible for the races for the application of all aspects of the race rules.

Particularly he or she personally:

- verifies the presence of the technical briefing;
- named the assistants;
- examines the routes, the start and the finish;
- controls the athletes with his or her assistants;

- if required stops the race;
- coordinates and supervises the starters;
- follows the race from the beginning to the end;
- can produce penalties;
- judges, together with the Organiser and the Legal Advisor the complaints.

### **Assistants**

They are nominated by the Judge and they supervise the athletes behavior and conduct during the race.

### **Starter**

He must be visible by all the participants. After the coordination with the judge he whistle in a way that every participants can hear. He or she will then proceed with the command “ready” “steady” then “go”.

The “go” signal is together with a long whistle.

### **Organizer and Legal Advisor**

The Legal Advisor is an law expert and he or she is named by the Organizer. They, together with the Race’s Judge manage and deliberate over the complaints, penalties disqualifications and the race conduct.

### **23 Administrative dispositions**

Participants must enrol online and follow the digital payment methods and provide all the required documents digitally.

### **24 Cancellation of the race**

In case of the cancellation to do the race in June the entire amount of money will be refunded. In case the cancellation of one of the stages the refund goes as follows:

2 out of 3 stages cancelled -> refund equal to the two cancelled stages.

1 out of 3 stages cancelled -> no refund unless the athlete participate ONLY on that specific stage and no others.

### **25 Modification or integration of the race rules**

The Organizer can integrate or modify the race rules for safety or logistics needs, changes will be communicate to the athletes.